The Australian Indoor Singles Championships were held from the 24th—27th August at Tweed Heads Bowls Club. Jason Carpenter unfortunately bowed out in the first round, however Lynsey Clarke made it all the way through to the final before going down in an epic tie breaker encounter against her Australian teammate Carla Odgers. Well done Lynsey, a great effort in this tough event!

Our men’s pennant season has finished with the finals weekend being held on Saturday 29th and Sunday 30th August. We had six teams out of eight qualify for the finals with Divisions 2, 3, 4, 8, 9, and 10 all making the cut. When the weekend drew to a close on Sunday afternoon, our Hawks boys had secured two flags for the club with wins in both Division 9 and Division 10. Congratulations to our mighty champions and to all those who competed that made the Pennant Season this year.

DIVISION 9 CHAMPIONS

Helensvale QLD - Taren Point NSW
Broadbeach QLD - Warilla NSW
Hamilton QLD - East Launceston TAS
Pine Rivers QLD - Altona Vic
South Tweed QLD - Clayton Vic
Cabramatta NSW - Bundoolra RSL Vic
Merrylands NSW - Manning WA
Mt Lewis NSW - Cambridge WA
Raymond Terrace NSW - Adelaide SA
St John’s Park NSW - Ascot Park SA

A full team list of competing players is on the opposite page, take a look at the list of superstars! Make sure you come along to watch some of the exciting action unfold, the greens are set to ignite this year!

During August the Men’s District Champion of Champion Pairs final was played at Musgrave Hill Bowls Club. Our own Colin Saltmarsh and Warren Nugent played Sam Granata and Allan Brough from Paradise Point in high quality final. Colin And Warren jumped straight out of the blocks at one stage leading 16/3 after 6 ends. They never looked back from that point on and eventually ran out winners by 12 shots. Huge congratulations guys! They will now compete in the Zone playoff at Beenleigh Bowls Club on the 6th September at 9am. Good luck!

Lynsey Clarke and Pam Rowe also recently won the Gold Coast Ladies District Champion of Champion Pairs which was held at Tweed Heads Bowls Club. Coming up against Musgrave Hill’s Sammie Wilson and Gail English in the final, Lynsey and Pam also ran out comfortable winners 26-12. They now head to the Zone playoff at Beenleigh Bowls Club on Sunday 6th September at 9am. All the best girls!

Our men’s senior club pairs champions were crowned on the 27th August with a fantastic final being held between Richard Huff and Gary Hanna; and Noel Ridgwell and David Green. The match was a nail biter with the winners being Gary and Richard, securing the title with a 22-19 win. Well done guys!

Lynsey Clarke
BOWLS COORDINATOR

DIVISION 10 CHAMPIONS

Helensvale QLD - Taren Point NSW
Broadbeach QLD - Warilla NSW
Hamilton QLD - East Launceston TAS
Pine Rivers QLD - Altona Vic
South Tweed QLD - Clayton Vic
Cabramatta NSW - Bundoolra RSL Vic
Merrylands NSW - Manning WA
Mt Lewis NSW - Cambridge WA
Raymond Terrace NSW - Adelaide SA
St John’s Park NSW - Ascot Park SA

Our player probe is back! With some new recruits to our Hawks nest over the past 12 months it’s about time we got to know them a bit better and discover some interesting facts you just may not have known about them!

NICKNAME: Evie/Von/Kooka

FAMILY: My partner Chris (Radar), sister Rosie, and Mum and Dad (Jenny & Alan)

HOW LONG HAVE YOU PLAYED BOWLS: 19 Years

MOST MEMORABLE BOWLS MOMENT: Recently, winning my first Division one pennant with the Hawks, it was such a great team atmosphere

WHAT WOULD BE YOUR DREAM JOB: Property Developer

SPORTING HERO: I don’t really have one, but I think it’s admirable how Mick Fanning got back in the water so soon after his encounter with a shark

FAVOURITE FOOD: Thai, strawberries, chocolate

DREAM HOLIDAY DESTINATION: With so many beautiful places to see, I would love to travel around Australia in our camper trailer

IF YOU WERE STRANDED ON A DESERT ISLAND, WHAT 3 THINGS WOULD YOU LIKE TO HAVE WITH YOU?: Chris, fishing rod and a box of matches

WHO WOULD BE YOUR DREAM DATE: Mark Wahlberg

PERSON YOU’D LEAST LIKE TO SIT NEXT TO ON A LONG FLIGHT: Someone with a screaming baby

FASCINATING FACT: I am a qualified primary school teacher

2015 NATIONAL CLUB 5 A SIDE COMPETING TEAMS & PLAYERS

$60,000 NATIONAL CLUB 5 A SIDE CHALLENGE
**Upcoming events:**

**Member’s social outing for September:**

Gold Coast War Museum - 42 John Rogers Road, Mudgeeraba, Qld, 4213

Date TBD: will be either - 10th or 17th September

Cost: Nil – Sub Branch will cover entry fee

Meeting place: At museum

RSVP: Week prior to the confirmed date

Timings: Meet at 1000h

**Annual Dinner:**

Date: Saturday 21st November

Location: Club Helensvale

Cost per head: $35.00. Cost includes 3 course meal and drinks

RSVP: 13 Nov to Melanie Annand

Timings: 1830 for 1845h till 2300h

Dress: Coat and Tie with Miniatures, Ladies equivalent

RSVP: Week prior to the confirmed date

Timings: Meet at 1000h

**Notice of Meetings - 2015 General Meeting Dates (0930):**

26 September

28 November

**Notice of Meetings - 2015 Committee Meeting Dates (0930):**

31 October

**Upper Coomera Centre Exercise Physiology**

Introducing a new veterans’ hydrotherapy and exercise rehabilitation at the brand new Upper Coomera Community Centre. Eligible Veterans may be entitled to full services for no charge. We offer exercise rehabilitation for injury, pain or illness. We provide fitness, balance and flexibility programs that can be completed both on site and in the privacy of your own home. We offer hydrotherapy programs in the heated pool on site, perfect for back pain, severe injury or to exercise in a pain free environment.

We are located at the Corner of Reserve Road and Abrahams Road, Upper Coomera.

To discuss your eligibility for free services or to have a chat and find out more, please call Harmonene Dove (Accredited Exercise Physiologist and Exercise Scientist) on 0434 284 287.

**Veteran Health Assistance**

Ms Donna Howard Exercise and Neuro Physiologist from Allied Health Performance Medical is available to assist the veterans and in support of DVA programs. To have a chat and find out more, please call Donna (Accredited Exercise and Neuro Physiologist) on 0410196907 or at her business Shop 3/320 Olsen Ave Parkwood 07 55631689.

**Recognition**

The Sub Branch would like to recognise the generous and ongoing support for its fundraising activities by Club Helensvale members.

**Service News Papers on line:**


RSL National President news letters: http://www.rsl.org.au/News/National-Presidents-Messages

RSL Queensland State Chairman’s news letters: http://www.rslqld.org/media/

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**Bowls Coaching**

**Thursday mornings from 9.00am by appointment**

Bob Hill Consultant

5573 2776

Brenda Walker 5573 7273

Ron Wallace 5556 0046

Cameron Wilson 0452421961

Brett Willie 0427965169

Jim Merrick 0429371695

Nathan Rice 0415750512

Lyndsay Clarke 041643958

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**Chairman’s Desk**

The start of spring is an exciting time for us here at Club Helensvale with our annual $50,000 National 5 a Side Challenge taking place. I wish Helensvale Hawks the best of luck defending their 2014 title.

I would like to congratulate our Men’ and Ladies District Champion of Champion Pairs winners on their fantastic achievements.

I’m very proud of our staff member Patrick Conley already exceeding his fund raising target for the Leukaemia Foundation’s U.G.L.Y. Barrister of the Year event. Patrick is currently the 8th highest fundraiser in QLD! I would like to personally thank all our members for their kind generosity and with more events to come I can’t wait to see the final tally.

Staff have organised a Father’s Day special event for the 6th September, treating Dad to a delicious buffet breakfast at Blu Bistro followed by a fun day of barefoot bowls and live music.

Blu Bistro is also bringing back everyone’s favourite special the Tuesday T-Bone. Monday’s will be a fista with fajitas, nachos and bar specials. Parmy Night will now be on Wednesday night and Thursday rump night will stay the same but with the addition of a tasty surf and turf option.

Our new gaming promotion Spring Fever starts this week and will run throughout September and October. Make sure you use your membership card and join us on Sundays for your chance to win a share of the $24,000. Good luck selecting the flower in the garden with the $1000 cash prize!

Spring racing is a great time of year with a number of major events on the calendar. Enjoy the thrills of the big one on Tuesday 3rd November with our favourite annual event the Melbourne Cup Lunch. Blu Bistro will be transformed for the event, with a sumptuous seafood buffet, drinks package, giveaways and live performance by The Lions Den Vocal Variety Group arranged for the big day. I expect everyone will be dancing in the aisle again so remember to get a ticket early to avoid missing out. Tickets are available from the 1st September.

I hope to see you at one of the fantastic events we have coming up and you enjoy our new dining specials.

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**COACHES CORNER**

**The Primacy Line**

Finding the line, for your bowls, on the rink you are playing, up and down the green, forehand and backhand, must be your priority when you first step onto the mat.

During trial ends you will be trying to get a feel for length as well, but if you take a bit of time to find the length, it is less serious than being slow to pick out the line. Balls on line are rarely a complete waste, regardless of length. Good length bowls are pretty well useless if seriously off line.

Bowlers vary in their approach to finding line, but in one respect there is unanimity. In order to have a point of aim, you have to imagine the bowls journey, and in particular you have to “see it” begin to curve in towards the jack. The point at which this – the widest part of the arc is called the shoulder of the arc. It is usually between two thirds and three fists of the way down the rink (in relation to any point on the centreline). If you correctly gauge the shoulder of the arc and get your bowl to it then you are by definition on line.

When going about establishing the aiming line, some players will extend the imaginary line to a static point on the bank, that then becomes the target to aim at. Alternatively some will bring the line back to a point on the green nearer the mat, and use that as their aiming point.

In theory it makes little difference one way or the other, since the bowl will turn in at the shoulder of the arc regardless. Others prefer to focus their attention on the shoulder of the arc itself placing something such as an imagery handkerchief on that spot and bowling over it.

However the aiming point is fixed in relation to the shoulder of the arc, you must be aware of the fact that there are in reality two shoulders of the arc –one real, the other imaginary. This may sound a hideous complication, but in practice it is not. The real shoulder of the arc is of course the actual point at which the bowl turns inwards. Now if the bowl travelled in a straight line to that point and then abruptly changed direction you could aim for it. But that is not the case. While you deliver the bowl in a straight line, it starts curving (in response to the bias) from the moment it leaves your hand, so if you were to aim straight for the true shoulder you would inevitably miss it—you would be on a line inside it.

Since you must aim straight at something, what you do is determine the point in a straight line ahead of you that will have the effect of getting the bowl to the true shoulder of the arc. This imaginary shoulder is always outside the true shoulder, not far outside on a slow green which minimises bias, and considerably outside on a fast green which exaggerates it.