

NEWS FROM AROUND THE GREENS

WE DID IT!! On Thursday 27th October our club was named as Bowls Australia's inaugural Club of the Year!! We will share this title with Manning from Western Australia after we were both announced as joint winners of this award. What a fantastic honour and a great reward for the long-term vision of Len, Julie, the Board of Directors, our hardworking team of management and staff, our trusty band of volunteers, and the wonderful success of our bowlers and club members. This award recognizes us as the best club in the country and this 'official title' is something we can all be proud of. Well done everyone!

Our talented men enjoyed success at state level when they competed in the Queensland Champion of Champion Finals which were held at Musgrave Hill from the 22nd—27th October. Our fours team of Geoff Gray, Anthony Fantini, Braidan Leese and Anthony Kiepe took out the men's title defeating Mooloolaba in the final 19 - 13. While our Pairs combination of Jayden Christie and Mark Casey were in scintillating form winning their title in convincing fashion defeating Greenslopes 30 - 7. Lynsey Clarke missed out in the Ladies Singles event finishing in 4th place.

One of our juniors Jayden Christie represented the Queensland U18 boys team in the annual Junior Nationals which were held in South Australia from the 1st—3rd October. Despite narrowly missing out on a medal, Jayden put in a tremendous effort at his last junior event, turning 18 on the 11th October. Well done Jayden and best of luck for your future!

Brett Wilkie, Mark Casey and their fellow Jackaroos recently completed their last official Australian team camp before heading off to World Bowls in NZ this month. Staged at two clubs, Pine Rivers and Geebung, the team had the chance to train/practice under scrutiny and diversity with a range of on green exercises and 'aided' by some industrial strength fans to help them deal with the challenges they may well face in Christchurch. They were joined by the Malaysian team for 2.5 days of competitive match play affording both contingents the opportunity to train in their respective disciplines and work on their team work, tactics and general play.

Part of the Jackaroos camp included a 'backyard blitz' revamp at Geebung Bowls Club which included some general tidying up but more importantly, the painting of a two metre high, 40 metre long retaining wall, ditch and greens signs. Well done Jackaroos on giving back to a battling bowls club and best of luck for World Domination when the championships kick off on November 29th!

We crowned two more club champions last month with our Ladies Senior Singles and our Mixed Fours finals taking place. In the senior singles final Teresa Armitage and June Buckenham enjoyed a great match with some fantastic bowls played. Teresa ran out the winner in this match 25-12. In the mixed fours it was another highly entertaining match but in the end the team of Jo Stockdale, Bev Perkins, Ray Perkins, and Larry Pointon proved too consistent for Luke Wilson's team of Pat Allsopp, Teresa Armitage, and Richard Delaney with Larrys' team winning the title 24-18. Congratulations!

Our Hawks were also performing out and about last month with Des Cann and his team taking out the prestigious Capalaba Classic \$10,000 Open 4's event. Also our young junior Shane White and his team finished in 2nd place. Great effort guys. GO HAWKS!

Coming up this month we have some exciting and entertaining events for our club members —

The Bowls Premier League will commence on the 8th November at Pine Rivers with our team of Brett Wilkie, Nathan Rice, Lynsey Clarke and Coach Anthony Kiepe ready to do battle. Live action will be streamed through Foxtel from 5pm each night of the 8th, 9th, 10th, and 11th November. There will also be a 24 seat bus leaving from the club each afternoon for any of our members that would like to support our Gold Coast Hawks team – bus list is on the wall in the Bowls Notice room for anyone that would like to put down their name.

Our Men's Division 1, 2, and 3 Pennant Teams will be competing in their respective State Finals this coming month. Division 1 at Bribie Island on the 26th & 27th November; Division 2 at Pine Rivers on the 19th & 20th November; and Division 3 at Coolumb Beach on the 12th and 13th November. Good luck to all our teams at these events.

We will be hosting the World Champion of Champion Singles event for the second year from the 14th - 20th November. With 45 competitors from 27 countries taking to our greens there is sure to be some epic matches to watch. Come along to meet, watch, cheer and support these great representatives. Action kicks off at 9am each day.

Congratulations to our little starlet April Wilson and her partner Brandon on the safe arrival of their baby daughter Kameron who made her entrance into the world on 3rd October. Absolutely gorgeous and super cute name!

Lynsey Clarke
BOWLS COORDINATOR



CLUB HELENSVALE PHOTO GALLERY



(Clockwise from top left) Capalaba Classic Fours Winners; QLD Champion of Champion Fours Winners; QLD Champion of Champion Pairs Winners; Colourful fun for the Gold Coast Bulletin Photo Shoot; Brett & Mark in action for the Jackaroos; Senior Singles Finalists; the happily married couple - Mr & Mrs Fantini

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NORTH GOLD COAST RSL SUB-BRANCH

(Now meeting at Club Helensvale)
All correspondence to:
The Secretary, PO Box 641 Oxenford Qld 4210
0428 415 341 Email NGC.Secretary@rslqld.org

Sub Branch activities: Please note your diaries with the following details:

Upcoming events:

2016 General Meeting Dates (0930)

26 November

Remembrance Day Service

Date: 11 Nov
Time: 1045 – 1103 (please assemble 1030)
Location: veranda of Club Helensvale
Dress: Coat and tie with medals

Remembrance Day Badge sales

Sales Sites/Dates
Woolworths Oxenford – Ray Wilson 7 to 10 Nov
Woolworths Days Road Upper Coomera – Richard Alderton 3 to 6 and 9 - 10 Nov
Woolworths Pacific Pines – Noel Martin 5 - 6 and 9 - 10 Nov
Westfield Helensvale – Melanie Annand 7 - 9 Nov
Bunnings Oxenford – Colin Krohn 5 – 6 Nov

2016 Annual Dinner

19 November
Time: 1830 for 1845
Dress: Coat and tie with miniatures, Ladies equivalent
RSVP: Secretary 11 Nov
Cost: \$35/Head to Treasurer by 11 Nov
Meal: Three Course, alt drop
Drinks: Sub Branch will provide Wine, beer and soft drinks.

Upper Coomera Centre Exercise Physiology

Introducing a new veterans' hydrotherapy and exercise rehabilitation at the brand new Upper Coomera Community Centre. Eligible Veterans may be entitled to full services for no charge. We offer exercise rehabilitation for injury, pain or illness. We provide fitness, balance and flexibility programs that can be completed both on site and in the privacy of your own home. We offer hydrotherapy programs in the heated pool on site, perfect for back pain, severe injury or to exercise in a pain free environment. We are located at the Corner of Reserve Road and Abrahams Road, Upper Coomera.

To discuss your eligibility for free services or to have a chat and find out more, please call Harnonee Dove (Accredited Exercise Physiologist and Exercise Scientist) on 0434 284 287.

Veteran Health Assistance

Ms Donna Howard Exercise and Neuro Physiologist from Allied Health Performance Medical is available to assist the veterans and in support of DVA programs. To have a chat and find out more, please call Donna (Accredited Exercise and Neuro Physiologist) on 0410196907 or at her business Shop 3/320 Olsen Ave Parkwood 07 55631689.

Active Body Conditioning - Exercise Physiologists

P. 0401 857 859 E. info@activebodyconditioning.com.au
Active Body Conditioning values the importance of self-management, personalised care and excellent service. ABC believes exercise is the cornerstone of care and we are constantly familiarising ourselves with the most up to date approach to exercise management and testing.

Recognition

The Sub Branch would like to recognise the generous and on-going support for its fundraising activities by Club Helensvale members.

Service News Papers on line:

RAN:
http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_navy.xml
Army:
http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_army.xml
RAAF:
http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_airforce.xml
New Zealand Defence Force
<http://www.nzdf.mil.nz/>
RSL National President news letters
<http://www.rsl.org.au/News/National-Presidents-Messages>
RSL Queensland State Chairman's news letters
<http://www.rslqld.org/media/>

COACHES CORNER

WINDY CONDITIONS

Even novices quickly learn that the wind effects the run of their bowls. Wind constantly changes in velocity and direction, the stronger it is, the greater is the scattering of bowls in the head. Irrespective of weight, size or bowl characteristics, the wind will have its way.

Nevertheless, some bowlers perform relatively better than others in windy conditions because they have better judgement of yardage likely to be gained or lost and the drift likely to occur due to the sideways strength of the wind.

Bowlers should consider playing the narrower hand, if there is one. This will minimize the angle between the aiming point and the finishing position, thus making the task a little easier. Of at least equal importance, is the bowlers mental approach to competition in windy conditions.

Bowlers who perform relatively better in windy conditions are those likely to have a rational approach free of any anxiety about the wind factor. The wind might be causing scattered heads, but bowlers whose delivery routine follows the visualisation of the shot and with their normal technique are most likely to be successful on the day. Bowlers who allow the wind to "get to them", will end the day despondent.



Bob Hill
Coach



BOWLS COACHING

Thursday mornings from 9.00am or by appointment

Bob Hill 5573 2776 Anthony Kiepe 0411272123
Ron Wallace 5556 0046 Cameron Wilson 0452421961
Brett Wilkie 0427965169 Jim Merrick 0429371695
Nathan Rice 0415750512 Lynsey Clarke 0401643958

THE PLACE TO BE

Club Helensvale Monthly Bowls Newsletter

NOVEMBER 2016

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Editor
Lynsey Clarke

2016 BOWLS AUSTRALIA CLUB OF THE YEAR!



FROM THE CHAIRMAN'S DESK



Graham Brittain

I am very proud to say that Club Helensvale was named as Bowls Australia's 2016 Club of the Year. Whilst we all know that our club is the best, it is fantastic to see our club honoured in this way and to have the efforts of Management, the Board of Directors, the staff, bowlers and volunteers recognised. Congratulations everyone!

Although it was mentioned in the last newsletter don't forget our GC Hawks team is about to compete at the BPL 2016 at Club Pine Rivers from the 8th -11th of November. It will be aired live on Fox Sports so you can catch all the action as it happens.

It is our pleasure to host for the second year running the World Bowls Champion of Champion Singles event. It is an event not to be missed with skilled players from all over the

world competing. With 48 players from 27 countries like Spain, Zambia and Fiji, you will have the opportunity to watch some top class bowls. Pop in during 14th – 20th November and cheer on our Aussie players!

The holiday season is fast approaching and it's nearly Christmas raffle time. Every Thursday and Sunday from the 17th November you can win Christmas hams and turkeys. Now that will add some Christmas cheer to your month.

We have a new major member's promotion, giving away 1,000,000 premium reward points. Every \$20 spent club wide when you dine, drink or play will earn you an entry into the draws. With draws every Saturday between 7-9pm and Sunday between 2-4pm during November you have a great chance of living it up with a share of 1,000,000 reward points. Reward points can be redeemed at the club for any food or drink purchases. Don't forget to swipe your membership card at the kiosk on the day of the draws to activate your entries.

I hope to see you around the club this month.