

NEWS FROM AROUND THE GREENS

Well what can we say about hosting the Premier League Queensland Grand Finals Series on the 25th and 26th March - what weekend it was! The best of the best fighting it out on our greens here at Club Helensvale. I am sure everyone who attended would agree that the quality of the bowls was nothing short of sensational. Also a huge thankyou to all the volunteers, especially the umpires, and all the staff and management for the smooth and successful running of the weekend.

Starting with the Premier grade, Saturday 12 noon saw the mighty Hawks take on the Pine Rivers Pirates. The Hawks jumped out of the blocks brilliantly and never looked back, running away with the game by a huge margin of 40 shots winning on all 3 rinks. This would see them meet the minor premiers, Broadbeach Bulls, with the winner to go straight into the grand final. The two teams did not disappoint those who were there to witness. Coming right down to the last end, Mark Casey needed to draw shot with his last bowl but just came up a little short and the victory went to the Bulls by one shot. This was not the end of the world for the Hawks as they still had one more chance to make it to the Grand final. Beating Pine Rivers again on Sunday morning would mean a finals berth, and the Hawks did exactly that, comfortably by around 20 shots. The grand final again was an absolute beauty between the two best teams in the competition. The Bulls had their necks in front for three quarters of the game but the Hawks with their never say die attitude fought back to hit the lead with three ends to play. A massive shot played by the Bulls Scottish International Kevin Anderson with his last bowl turned the game for them and resulted in a score of three, putting them back in front by two. Brett Wilkie and his side needed a two or more on their last end and was holding one shot, with Brett having one bowl to play. He needed to edge a short bowl which belonged to Broadbeach, off the head to secure a win for Helensvale. Halfway down the green it looked as if he had played the shot he was after, but to our disappointment it missed their bowl by a millimetre, meaning game and title to the Broadbeach Bulls for 2017. Well done to all involved another excellent season.

In the Premier A Grade our side performed extremely well over, not just the weekend but the entire season. As minor premiers they needed only to win two games to secure the 2017 title. They defeated Broadbeach on the Saturday night to win their way through to the Grand Final on Sunday. In the Grand Final they again came up against Broadbeach and proved how talented they are to come away with a spectacular 3 rink 20 shot victory, clinching back to back titles for the mighty Helensvale Hawks. What a great team performance and a tremendously successful year. A big thank you also for the reserves we used throughout the year, you all played your part in this fantastic result. Go Hawks!



The Premier 7's qualifying finals were held over the weekend of the 25th and 26th March with four of our Club Helensvale teams competing. Our division 1 team had a close battle with Moorooka winning 2 rinks to 1. They will now meet Southport in the quarter final at Mermaid Beach on the Saturday the 8th April starting at 9:30am. The Division 3 team had a comfortable win against

Broadbeach 2 rinks to 1, and will now play Salisbury at Mermaid Beach on Sunday 2nd April at 1:30pm. Division 4 kept on their winning ways knocking of Toombul 3 rinks to 0 and now will play against Paradise Point on Sunday 2nd April at Mermaid Beach at 9:30am. Our Division 6 side were the only team to be defeated going down in a close one 2 rinks to 1. So if you are looking for something to do over these weekends, get on down to Mermaid Beach and support our teams, it would be very much appreciated. Good luck!!

Congratulations also to our two ladies super challenge teams who have both made their respective finals playoffs! Our bronze girls will compete in their first round of finals on Sunday 2nd April at 1pm at Musgrave Hill Bowls Club. If they can win this qualifying final they will join our Silver girls in the Grand Final weekend which will also be held at Musgrave Hill on the 8th and 9th April - Good luck ladies!

Our Gold Coast Hawks contingent competed in BPL05 in Auckland from the 27th February - 2nd March. Mark Casey, Brett Wilkie, Kelsey Cottrell (replacing Lynsey Clarke) and Nathan Rice (coach) did extremely well in the conditions in NZ to finish the regular round matches on top of the table. Unfortunately for our Gold Coast Hawks team, they ran in to some red hot teams in the finals playoffs losing their first match to Sydney Lions (who went on to win the event) and then being eliminated from the competition by the NZ Blackjacks. Well done to all involved on a great performance and great representation of our club.

The Queensland team, including our seven Hawks representatives of Brett Wilkie, Nathan Rice, Jayden Christie, Braidan Leese, Andrew Howie, Lynsey Clarke and Anthony Kiepe took part in an official training match on Sunday 19th March against a selected side from across the state. It was great preparation for the upcoming Australian Sides Championships which will commence on the 6th April. In the selected sides from across the state we had invites extended to several of our players including Des Cann, Matt Lucas, Pam Rowe, Natasha Jones, Georgia White, and Amanda Haevecker. All these players performed exceptionally well and this will hold them in good stead for potential state selection in the future.

Jayden Christie, Matt Bell, and Des Cann played for the Gold Coast Tweed District at their inaugural 5 A Side event vs the Zone 1 NSW region at Cudgen Leagues Club on the 26th February. The Gold Coast Team performed extremely well to win this event. Jayden, Matt, and Des have also been selected for the District team in an upcoming Quad Series to be held on the 2nd April at Caloundra Bowls Club.

We crowned a couple more of our club champions last month with Lynsey Clarke defeating Filo O'Meagher in the ladies open singles final and Sandra Johnson, Vivian Barnard and Doreen Thomas taking out the B Grade triples from Ann Holmes, Emily Richard and Veronica Davidson. Well done to all our champions and all our competitors for taking part in these great events.

We recently had a stand at the Helensvale Neighbourhood Watch Community Fun Day which was held on the 18th March at the Lions Park opposite our club. There were many different activities for the community to take part in, as well as raffles and other fundraising opportunities for the community to support. Again this was another opportunity for the public to try their hand at bowls and I was able to talk about our game and great club to many people who were interested in potentially taking up the game.

Finally a big congratulations to Nic Williams who married his lovely wife Laila on Friday 3rd March - well done and enjoy your newly wed status!

Lynsey Clarke
BOWLS COORDINATOR



CLUB HELENSVALE PHOTO GALLERY



(clockwise from top left) Tash Jones with Maree Gibbs - Darra Cementco Ladies Master Pairs R/Up; Our Gold Coast Hawks APL team Brett, Kelsey, Mark and Nathan; Ladies B Grade Triples Champs Sandra, Doreen and Vivian; Newly married couple Nic Williams and wife Laila; Ladies Club Singles Finalists Lynsey and Filo.

The
SURROUNDS
by Villawood

**Helensvale's
newest community**

Land Now Selling

1300 235 476
thesurrounds.com.au
Country Club Drive, Helensvale



Communities Designed for Living

A SLICE OF HELENSVALE HISTORY...

Who would have known that 23 years ago, back in 1994, a little mother and daughter duo would commence their wonderful journey and love for the sport of Bowls at the tiny little club of Helensvale.

Teresa Armitage was first introduced to bowls by a fellow bridge player in Mary Smith. Mary brought Teresa along to the, then very small, Helensvale club, where she instantly found a fondness for the game and everything it involved.

A year later, in 1995, Teresa brought her 11 year old daughter Lynsey along to the club as they were starting one of the first junior development programs on the Coast, run by Helensvale stalwart and club coach Dal Mackintosh.

It must have been in the genes as Lynsey also discovered a love and talent for the game which has now seen her travel the world to play!

Between them both, Teresa and Lynsey have won a tremendous 79 Club Helensvale Championships titles with Teresa amassing 44 (her first in the novice singles championship in 1995) and Lynsey holding 35 to her name.

Together Teresa and Lynsey have enjoyed much success winning titles at club, premier, district, zone, and state level - now in how many sports would a mother and daughter have not just the option to play alongside each other, but the ability to be able to win state titles together too - what a fantastic game for players of all age!

Some highlights Teresa has experienced over her 23 year bowls career include being selected to play in the inaugural Queensland Senior State Side back in 2011 where they won a silver medal, winning her first Queensland title alongside Lynsey in 2010, and winning the Queensland District Sides title with her fellow ladies from the Gold Coast Tweed district.

Lynsey has also gone on to enjoy much success at the highest possible level with her highlights including Commonwealth Games Gold and Silver medals, Dual World Championship Gold Medals, 6 Australian Open Titles, and 18 Queensland State Titles. One of her biggest and proudest moments was being named as the Australian Team's Inaugural Captain back in 2011, a role she still holds to this date.

The game of bowls and the club of Helensvale have provided this mother and daughter duo so much enjoyment, success, a mass of friends, the ability to travel the country and world, and the opportunity to spend a lot of time together doing something they both love. What a great journey and a fantastic piece of history they're creating together with many more special moments to come.





NORTH GOLD COAST RSL SUB-BRANCH

(Now meeting at Club Helensvale)

All correspondence to:

The Secretary, PO Box 641 Oxenford Qld 4210

0428 415 341 Email NGC.Secretary@rslqld.org

Sub Branch activities: Please note your diaries with the following details:

Upcoming events:

Notice of Meetings

2017 Committee Meeting Dates (0930)

1 July (because of State Congress 23-25 June)

2 September (because of 26 August GC Show weekend)

28 October

2017 General Meeting Dates (0930)

27 May (AGM then GM)

29 July

7 October (because 30 September is QBD LWE)

25 November

Other dates

Committee nominations open/close

Open - 25 March

Close - 11 May

ANZAC Day Badge Sales

Volunteers needed please speak to:

Bunnings - 22 - 23 Apr (Colin Krohn)

Helensvale Westfield - 19 - 23 Apr (Colin Spies)

Upper Coomera Woolworths - 12 and 13, 19 - 23 Apr (Richard Alderton)

Pacific Pines Woolworths - 20 - 23 Apr (Noel Martin)

Woolworths Oxenford - 19 - 22 Apr (Ray Wilson)

ANZAC Day School Talks

24 April - 8 speakers required

2017 Annual Luncheon

25 May - Club Helensvale - details TBC

Remembrance Day Poppy Sales

4 - 10 Nov (TBC)

2017 Annual Dinner

18 November - Club Helensvale (details TBC)

RSL Community Link Schools Education Project

The North Gold Coast Sub Branch has delivered an educational project to 25 schools in the catchment area as it is important we, the veterans, help educate the next generations about the past, so they have a better appreciation of what happened.

The Sub Branch wishes to acknowledge the generous support and donations from:

Michael Crandon, MP, State Member for Coomera

Cr Donna Gates, Division 1 GCCC

Cr William Owen-Jones, Division 2 GCCC

Club Helensvale

Gold Coast District RSL

Feedback from the schools so far has been very supportive.

Upper Coomera Centre Exercise Physiology

Introducing a new veterans' hydrotherapy and exercise rehabilitation at the brand new Upper Coomera Community Centre. Eligible Veterans may be entitled to full services for no charge. We offer exercise rehabilitation for injury, pain or illness. We provide fitness, balance and flexibility programs that can be completed both on site and in the privacy of your own home. We offer hydrotherapy programs in the heated pool on site, perfect for back pain, severe injury or to exercise in a pain free environment.

We are located at the Corner of Reserve Road and Abrahams Road, Upper Coomera.

To discuss your eligibility for free services or to have a chat and find out more, please call Harneese Dove (Accredited Exercise Physiologist and Exercise Scientist) on 0434 284 287.

Veteran Health Assistance

Ms Donna Howard Exercise and Neuro Physiologist from Allied Health Performance Medical is available to assist the veterans and in support of DVA programs. To have a chat and find out more, please call Donna (Accredited Exercise and Neuro Physiologist) on 0410196907 or at her business Shop 3/320 Olsen Ave Parkwood 07 55631689.

Active Body Conditioning - Exercise Physiologists

P. 0401 857 859 E. info@activebodyconditioning.com.au

Active Body Conditioning values the importance of self-management, personalised care and excellent service. ABC believes exercise is the cornerstone of care and we are constantly familiarising ourselves with the most up to date approach to exercise management and testing.

Recognition

The Sub Branch would like to recognise the generous and on-going support for its fundraising activities by Club Helensvale members.

Service News Papers on line:

RAN: http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_navy.xml

Army: http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_army.xml

RAAF: http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_airforce.xml

New Zealand Defence Force <http://www.nzdf.mil.nz/>

RSL National President news letters

<http://www.rsl.org.au/News/National-Presidents-Messages>

RSL Queensland State Chairman's news letters

<http://www.rslqld.org/media/>

COACHES CORNER

ON SHOTS AND THE TRAIL

These shots can vary quite a lot in the amount of pace required to trail the jack to a certain position. Some jacks need to be trailed only a distance of 20cm, whereas others need to be trailed a number of meters. Taking the short trail first, one must know when drawing to the jack that a good draw shot should never cross the head. The perfect draw, is up to the jack but not past it. When a bowler is asked to play a trail shot, the bowl must be played through the jack. How much weight will be used and to what extent the aiming line will be narrowed, depends on how far the jack needs to be trailed. The jack, if contacted by the centre of the bowl, will travel about the same distance the bowl would have travelled if uninterrupted. If the jack is sliced, it will finish in a spot depending on the amount of contact with the bowl, i.e if it is halved it will move approximately half the distance sideways compared with the distance the bowl will travel.

A good guide for a trail of about 60cm on greens running from about 12 to 15 seconds is that the aiming line needs to be narrowed so that the bowl will finish no more than 25 to 30cm narrow. Once the green runs faster than this, the trail shot is a difficult shot to play, and it is suggested by most top players that once the green runs 16 seconds or more, a draw or a drive are the only two shots to play. Most inexperienced bowlers tend to play too narrowly and usually with more weight than is needed. Success or otherwise, depends on the ability of the player to bowl with the correct grass and pace. This shot should never be played when failure will leave the team vulnerable to the loss of a number of shots, and it is wise not to try its use to early in the building of a head.

Where the jack needs to be trailed into the ditch from the 2m mark requires much thought. How far off the line the jack does it need to enter the ditch? If the jack needs to go almost straight into the ditch, a drive will do the job, but if the jack needs to enter the ditch about 150cm to the left or right off the centre, then a ditch-weighted shot will be necessary.



Bob Hill
Coach



BOWLS COACHING

Thursday mornings from 9.00am or by appointment

Bob Hill 5573 2776 Anthony Kiepe 0411272123
Ron Wallace 5556 0046 Cameron Wilson 0452421961
Brett Wilkie 0427965169 Jim Merrick 0429371695
Nathan Rice 0415750512 Lynsey Clarke 0401643958

THE PLACE TO BE

Club Helensvale Monthly Bowls Newsletter

APRIL 2017

Inside this issue:

Chairman's Desk	1
News from around the greens	2
Photo Gallery	3
Coaches Corner	4
RSL News & Events	4

Premier League QLD A Grade CHAMPIONS



20 - 26 Discovery Dr
Helensvale QLD
PO Box 92
Helensvale QLD 4212
Phone: 5573 1491
Fax: 5573 1577
info@clubhelensvale.com.au
www.clubhelensvale.com.au

Editor
Lynsey Clarke

FROM THE CHAIRMAN'S DESK



Graham Brittain

Well it has been a bit wet here in Queensland in the past few days. Our thoughts are with everyone affected by the flooding and ex-tropical Cyclone Debbie. We hope their recovery is swift.

It was an amazing weekend of bowls for the Premier League Queensland Grand Finals here at Club Helensvale on the 25th and 26th of March. Our Helensvale Hawks played brilliantly and there were some

nail biting games. Congratulations to the Broadbeach Bulls who took the 2017 Queensland Premier Grade Title. Our own Hawkies secured the Premier A Grade 2017 title; it was very well deserved after such a strong showing this season.

April is looking to be a jam packed month of events here at the Club. Easter this year falls mid April. On the Sunday before the Easter long weekend we will be having an Easter Eggstravaganza with a visit from the Easter Bunny and our mega Easter Raffle draw. There will be 20 Cadbury Easter baskets to be won, with the tickets on sale now and available from Reception. Don't forget that Club Helensvale is closed on Good Friday, on the 14th April.

On Tuesday 25th April, in conjunction with the North Gold Coast RSL Sub-Branch we will commemorate ANZAC Day with a dawn service from 5.20am at Remembrance Park to the rear of the club. We invite all members of the community to join us for the service to mark this day, with a gunfire breakfast for only \$10 per person to follow. Two-up games will be played from 2pm in the afternoon. Lest we forget.

As part of the Gold Coast Film Festival being we will be hosting a special Movie on the Green evening to celebrate our ANZAC history with the 30th Anniversary screening of the film The Lighthorsemen. The film's director Simon Wincer will be introducing the movie and taking part in Q&A session afterwards. We hope you can join us for this special event on Saturday 29th April from 6pm.

The major draw for the members only Car or Cash promotion will take place on Sunday 30th April. What an amazing choice to have to make: a brand new car or \$15,000 cash! There's still plenty of time to enter the promotion with every \$20 spent anywhere in the Club providing you with an entry. Key draws are happening every Saturday and Sunday until the Major Draw. Ask one of our friendly staff for more details about the competition!

I hope to see you around the club this month.