

NEWS FROM AROUND THE GREENS

Well the beginning of April saw the conclusion of our Premier 7's and Super Challenge Seasons for 2017.

Our Hawks teams performed extremely well throughout the home and away season games put were 'pipped at the post' when it came to finals action.

The Premier 7's Divisions 1, 3 and 4 all made the quarter final action with our Division 4 team making the semi finals. In the Ladies Super Challenge our Bronze girls finished the finals playoff weekend in equal fifth spot, while our Silver girls finished in third place. Well done to all our members on competing and representing our club so well over a long season, great work!

Brett Wilkie and Lynsey Clarke were part of the Australian team who took on England in a test series at Broadbeach Bowls Club from the 26th - 28th April. The Australian team performed exceptionally well to dominate the test series with a winning score of 88—33 over the 58 matches played. This event was a fantastic opportunity for both teams to compete on the greens and in the conditions that will be replicated for the Commonwealth Games which will be held in April next year.

The England team will be coming out to our club on Wednesday 3rd and Thursday 4th April to play some test matches against our club players and a NSW rep side. Play will start on both days from 9am (finishing at 5pm), so come down to watch some of the best from the UK do battle with some of the best of our very own. It should be a great fight!

The Queensland team recently returned home from competing at the Australian Sides Championships which was held in Adelaide from the 5th - 9th April. The women had a fantastic series winning the Gold Medal at this prestigious event, while the men had some nail-biting last end losses which saw them finish in third spot. The combined success of the men's and women's team saw Queensland crowned as the best state in the country. Anthony Kiepe and Andrew Howie were also part of the best performed men's rink in Australia when their side including Sean Ingham and Kurt Brown won 6 out of 7 matches with a margin of +42. Well done.

The Queensland leg of the Australian Indoor qualifying was held for the ladies on Saturday 22nd April across Tweed Heads and Paradise Point Bowls Clubs. Congratulations to Lynsey Clarke for qualifying for this years event which will be held at Tweed Heads from the 28th—31st August. The men's leg of the qualifying will be held on the 27th and 28th May.

Three of our Hawks Junior Academy players, Corey Marshall, Shane White, and Mitch Goode, competed in the Queensland Junior Championships held on the Sunshine Coast from the 2nd—7th April. Our boys played extremely well over this great event with Mitch winning a silver medal in the boys junior singles event, while Shane won bronze in the open junior pairs. Well done to our boys on your success at this event. Shane was also announced as part of the Queensland Junior Squad for the 2017 season.

Seven of our Helensvale members have been selected to represent the Gold Coast Tweed District at the upcoming Queensland District Sides event which will be held across the Gold Coast from the 3rd - 6th May. Good bowling to Nathan Rice, Brett Wilkie, Des Cann, Matt Lucas, Darren Christie, Paul Staggard, and Matt Bell - bring home the trophy for the Gold Coast.

Two club championships were finalised in April. Congratulations to our men's B grade singles champion Joel Cox who defeated Laurie Pickering in a nail-biting and fantastic final 25—21. And our Ladies Club Triples champions were crowned with Lenore Cornish, Teresa Armitage and Marg Pickering defeating Rosemary Starkey, Jean Rae, and Bev Perkins in their final 32 -16. Well done to our champions and gallant runners-up.

Our annual ladies one day pairs was held on the 10th April with 28 high quality teams all doing battle to win a share of the \$1,500 prize money. After the two matches it was the Musgrave Hill duo of Joanne Bowen and Rhonda Smith who won the day with 52 points and a +42 margin.

Finally all the best for those members that will be contest the upcoming Queensland State Championships held on the Gold Coast from the 8th—21st May. Good luck and good bowling, we look forward to following your results.



(Ladies One Day Pairs Winners)



Lynsey Clarke
BOWLS COORDINATOR

CLUB HELENSVALE PHOTO GALLERY



(clockwise from top left) Bob Hill's coaching graduates Shane Kerr, Bob Fletcher, Gordon Rawson, Eric Paterson, Gwenth Devine, Tony Roberts, Tony Stevenson, Barry Preo, Bob Hill and Les Franettovich; B Grade Singles Finalists Laurie Pickering and Joel Cox; Ladies Club Triples Finalists Rosemary Starkey, Bev Perkins, Jean Rae, Teresa Armitage, Marg Pickering & Lenore Cornish; Queensland Junior Championship Medalists Shane White and Mitch Goode.

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Country Club Drive, Helensvale



60 SECONDS WITH... JEAN RAE

Our player probe is back! This month we're going to look in to the life of one of our fabulous volunteers - it's about time we got to know them a bit better and discover some interesting facts you just may not have known about them!

NICKNAME: Jeannie

FAMILY: Daughters Susan, Alison; Grandsons Scott, Connor

HOW LONG HAVE YOU PLAYED BOWLS: 9 Years

MOST MEMORABLE BOWLS MOMENT: Winning the Div 1 State Pennant

WHAT WOULD BE YOUR DREAM JOB: Book shop owner

SPORTING HERO: Andy Murray

FAVOURITE FOOD: Thai, Greek, Italian

FAVOURITE RESTAURANT: Too many to mention

DREAM HOLIDAY DESTINATION: Tuscany

IF YOU WERE STRANDED ON A DESERT ISLAND, WHAT 3 THINGS WOULD YOU LIKE TO HAVE WITH YOU?: Kindle, Mosquito net, and case of good red

WHO WOULD BE YOUR DREAM DATE: George Clooney

PERSON YOU'D LEAST LIKE TO SIT NEXT TO ON A LONG FLIGHT: Donald Trump

FASCINATING FACT: Won prizes for highland dancing





NORTH GOLD COAST RSL SUB-BRANCH

(Now meeting at Club Helensvale)
All correspondence to:
The Secretary, PO Box 641 Oxenford Qld 4210
0428 415 341 Email NGC.Secretary@rslqld.org

Sub Branch activities: Please note your diaries with the following details:

Upcoming events:

Notice of Meetings

2017 Committee Meeting Dates (0930)

1 July (because of State Congress 23-25 June)
2 September (because of 26 August GC Show weekend)
28 October

2017 General Meeting Dates (0930)

27 May (AGM then GM)
29 July
7 October (because 30 September is QBD LWE)
25 November

Other dates

Committee nominations open/close

Open - 25 March
Close - 11 May

ANZAC Day

Another great Dawn Service at Club Helensvale with thousands of locals turning out to participate. Many thanks to everyone who assisted the Sub Branch to deliver this community event.
The mid-morning Service at Upper Coomera again a big success with approx. 1000 locals attending. Many thanks to everyone who assisted the Sub Branch to deliver this community event.
Great to see so many local schools, scouts, cadets and sporting clubs involved.

2017 Annual Luncheon

25 May - Club Helensvale - details TBC

Remembrance Day Poppy Sales

4 - 10 Nov (TBC)

2017 Annual Dinner

18 November - Club Helensvale (details TBC)

Upper Coomera Centre Exercise Physiology

Introducing a new veterans' hydrotherapy and exercise rehabilitation at the brand new Upper Coomera Community Centre. Eligible Veterans may be entitled to full services for no charge. We offer exercise rehabilitation for injury, pain or illness. We provide fitness, balance and flexibility programs that can be completed both on site and in the privacy of your own home. We offer hydrotherapy programs in the heated pool on site, perfect for back pain, severe injury or to exercise in a pain free environment.
We are located at the Corner of Reserve Road and Abrahams Road, Upper Coomera.
To discuss your eligibility for free services or to have a chat and find out more, please call Harmonoee Dove (Accredited Exercise Physiologist and Exercise Scientist) on 0434 284 287.

Veteran Health Assistance

Ms Donna Howard Exercise and Neuro Physiologist from Allied Health Performance Medical is available to assist the veterans and in support of DVA programs. To have a chat and find out more, please call Donna (Accredited Exercise and Neuro Physiologist) on 0410196907 or at her business Shop 3/320 Olsen Ave Parkwood 07 55631689.

Active Body Conditioning - Exercise Physiologists

P. 0401 857 859 E. info@activebodyconditioning.com.au
Active Body Conditioning values the importance of self-management, personalised care and excellent service. ABC believes exercise is the cornerstone of care and we are constantly familiarising ourselves with the most up to date approach to exercise management and testing.

Recognition

The Sub Branch would like to recognise the generous and on-going support for its fundraising activities by Club Helensvale members.

Service News Papers on line:

RAN:
http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_navy.xml
Army:
http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_army.xml
RAAF:
http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_airforce.xml
New Zealand Defence Force
<http://www.nzdf.mil.nz/>
RSL National President news letters
<http://www.rsl.org.au/News/National-Presidents-Messages>
RSL Queensland State Chairman's news letters
<http://www.rslqld.org/media/>

COACHES CORNER

LEAD - A POSITION WORTH HOLDING

If you show promise as lead at club level, and see the wisdom of staying for sometime in that position in order to hone your drawing shots, what is your best course of action? Do not allow yourself to be rushed down the order. Instead, try to become such a good lead that a stronger team snaps you up for the same position.

Really good leads are like GOLD-DUST, and are likely to make good skips if that is where their ambitions lie. Further more, it is often said that the good lead has the most direct route to an International career.

There is a natural tendency to want to progress down the team order, as though it were a promotion. At club level, this is encouraged, where a promising lead will not have to wait long for such a 'promotion'. Hence the attitude so often encountered that dismisses the lead as either a beginner or a bowler whose limitations prevent further progress. Setting the length and bowling those first two bowls is a matter of utmost importance, as any number two can vouch for. Because the lead only plays the draw shot, it is a specialist position (UNIQUELY), and some specialist leads are so good at it, and find its challenges so absorbing, that they never show any interest in moving down the order.

There are qualities besides drawing ability that mark out the good lead. Because there is a considerable gap between their stints on the mat, there is a temptation to switch off when the end is finished for them. This should not happen for one thing, in a team sport it is important for ALL members to feel fully involved, at all times.

It can be disheartening for players down the order to find the lead retreating into a world of his/her own while they are in the thick of battle. At a practical level, the lead has plenty to concern themselves with. Only by paying keen attention to all the bowls, will he/she be able to detect subtle but significant changes in conditions—tracking, gradual changes in pace, the effects of a strengthened breeze and so on.

They should be constantly engaged in looking for ways to lay even better foundations for heads to come.



Bob Hill
Coach



BOWLS COACHING

Thursday mornings from 9.00am or by appointment

Bob Hill 5573 2776 Anthony Kiepe 0411272123
Ron Wallace 5556 0046 Cameron Wilson 0452421961
Brett Wilkie 0427965169 Jim Merrick 0429371695
Nathan Rice 0415750512 Lynsey Clarke 0401643958

Inside this issue:

Chairman's Desk	1
News from around the greens	2
Photo Gallery	3
Coaches Corner	4
RSL News & Events	4

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Editor
Lynsey Clarke



FROM THE CHAIRMAN'S DESK



Graham Brittain

It feels like the colder weather has properly arrived now with the nights getting a lot cooler. We still have our wonderful sunny Gold Coast days to enjoy though with a lot fun to be had here at Club Helensvale in the coming month.

What a great month for bowls April proved to be.

We had a number of teams reaching the quarter finals and semi-finals in the Premier 7s. Well done to our juniors, Corey Marshall, Shane White, and Mitch Goode who competed in the Queensland Junior Championships. Mitch brought home a silver medal and Shane a bronze!

Mother's Day is just around the corner and we will be celebrating mums here all day at Club Helensvale. Mums can be treated to a full buffet breakfast on Sunday 14th from 7-10am. A selection of hot and cold breakfast dishes will be

available with coffee, a range of teas and juices. For those who come to celebrate Mother's Day for lunch or dinner, you can win a family portrait photography session with digital images included. Purchase any two a la carte main meals from blu bistro to enter.

From Monday 15th May to Sunday 21st May we will be holding a Jim Beam Week at the bar. There will be a great range of specials available and any Jim Beam purchase will put you in the running to win prizes on Sunday 21st May.

We have a great new gaming promotion, Cast Away Cash happening at the Club, and we are giving away over \$12,000. Every time members play \$20 in any of our gaming machines an entry will go into the draw for a chance to win a cash amount up to \$1000. Draws will take place every Sunday between 2-4pm during May and June. Ask staff for more details on how you can win.

I hope to see you around the club this month!