



## NORTH GOLD COAST RSL SUB-BRANCH

(Now meeting at Club Helensvale)

All correspondence to:

The Secretary, PO Box 641 Oxenford Qld 4210

0428 415 341 Email [NGC.Secretary@rslqld.org](mailto:NGC.Secretary@rslqld.org)

Sub Branch activities: Please note your diaries with the following details:

### Upcoming events:

#### Notice of Meetings

#### 2018 Committee Meeting Dates (0930)

13 January  
24 February (1015 – 1130)  
30 June  
25 August  
27 October

#### 2018 General Meeting Dates (0930)

24 March  
26 May (AGM 0930 – 0945) (GM 0950 – 1030)  
28 July  
22 September  
24 November

#### Other dates

20 January 0745 for 0800 Australia Day Breakfast – Coomera café GCCC Upper Coomera. RSVP and payment due 12 January (\$5.00/h)  
24 February 0915 – 1015 ANZAC Day planning meeting  
24 February 1200 Volunteer luncheon (by invitation)  
26 May Annual member's luncheon (1200)

#### Commemorative events

National Korean Vet Day July  
Nasho Commemorative Service July  
Kokoda Commemoration – August (Cascade Gardens)  
Vietnam Veterans – 18th August (at Nerang Vietnam Vets shed)  
Remembrance Day – 11th November (1030 for 1045h at Club Helensvale)

#### Remembrance Day Poppy Sales

4 – 10 Nov (TBC)

#### 2018 Annual Dinner

17 November – Club Helensvale (details TBC)

#### Upper Coomera Centre Exercise Physiology

Introducing a new veterans' hydrotherapy and exercise rehabilitation at the brand new Upper Coomera Community Centre. Eligible Veterans may be entitled to full services for no charge. We offer exercise rehabilitation for injury, pain or illness. We provide fitness, balance and flexibility programs that can be completed both on site and in the privacy of your own home. We offer hydrotherapy programs in the heated pool on site, perfect for back pain, severe injury or to exercise in a pain free environment.

We are located at the Corner of Reserve Road and Abrahams Road, Upper Coomera.

To discuss your eligibility for free services or to have a chat and find out more, please call Harmonoee Dove (Accredited Exercise Physiologist and Exercise Scientist) on 0434 284 287.

#### Veteran Health Assistance

Ms Donna Howard Exercise and Neuro Physiologist from Allied Health Performance Medical is available to assist the veterans and in support of DVA programs. To have a chat and find out more, please call Donna (Accredited Exercise and Neuro Physiologist) on 0410196907 or at her business Shop 3/320 Olsen Ave Parkwood 07 55631689.

#### Active Body Conditioning - Exercise Physiologists

P. 0401 857 859 E. [info@activebodyconditioning.com.au](mailto:info@activebodyconditioning.com.au)  
Active Body Conditioning values the importance of self-management, personalised care and excellent service. ABC believes exercise is the cornerstone of care and we are constantly familiarising ourselves with the most up to date approach to exercise management and testing.

#### Recognition

The Sub Branch would like to recognise the generous and on-going support for its fundraising activities by Club Helensvale members.

#### Service News Papers on line:

RAN:  
[http://digital.realviewtechnologies.com/default.aspx?xml=defencenews\\_navy.xml](http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_navy.xml)  
Army:  
[http://digital.realviewtechnologies.com/default.aspx?xml=defencenews\\_army.xml](http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_army.xml)  
RAAF:  
[http://digital.realviewtechnologies.com/default.aspx?xml=defencenews\\_airforce.xml](http://digital.realviewtechnologies.com/default.aspx?xml=defencenews_airforce.xml)  
New Zealand Defence Force  
<http://www.nzdf.mil.nz/>  
RSL National President news letters  
<http://www.rsl.org.au/News/National-Presidents-Messages>  
RSL Queensland State Chairman's news letters  
<http://www.rslqld.org/media/>

## COACHES CORNER

### DID YOU KNOW....

- That references in the law book to "Should" and "Will" mean that the action IS COMPULSORY.
- If a player plays out of turn, the opposing skip can stop the bowl and return it to the payer to play in the proper order. If a player plays another players bowl instead of their own, then the other players bowl should be replaced with the players own bowl where it came to rest.
- If a bowler changes their set of bowls during an uninterrupted game, or during a game that has been stopped (under law 50 game stoppages) and continued on the same day the game should be forfeited to the opponent, unless the player changes their set because a bowl of their set has been damaged. If the game is continued on another day, a player can use a different set.
- That a tied end is the result of three things: The nearest bowl of each team is touching the jack. The nearest bowl of each team is the same distance from the jack. There are no live bowls left within the boundaries of the rink in play. The end should be declared tied and recorded on the score card as a completed end.
- If the umpire, by his or her own observation or an appeal that a player is deliberately delaying the delivery of the players bowl on more than one occasion (and after a warning) the opponents of the offender will score as many shots as there are bowls in use by such opponent. If the player offends a third time, the game will be forfeited to the opponent.
- That either the manager or a coach of a player, team or side or, in the absence the managers delegated deputy, can give advice to a player during the course of play, providing the name of the person giving the advice is given to the umpire before the game starts and the person giving the advice does so from outside of the boundaries of the green. Spectators should not give advice to players during the course of the game.
- If the result of an end has been agreed or the process of deciding the number of shots scored has started, a player who has failed to play a bowl, (either deliberately or accidentally) will lose the right to play the bowl.
- If during the course of play, the position of the jack or a bowl is altered by the wind, a storm or any other unforeseen incident, the skips or opponents in singles should put the jack or bowl back to its former position. If they cannot agree on the jack or bowls former position, they should declare the end dead.
- Take note how often the word "should" appears in the laws of the sport of bowls rule book.



Bob Hill  
Coach

## BOWLS COACHING

Thursday mornings from 9.00am or by appointment

<b>Bob Hill</b>	<b>5573 2776</b>	<b>Anthony Kiepe</b>	<b>0411272123</b>
<b>Ron Wallace</b>	<b>5556 0046</b>	<b>Cameron Wilson</b>	<b>0452421961</b>
<b>Brett Wilkie</b>	<b>0427965169</b>	<b>Jim Merrick</b>	<b>0429371695</b>
<b>Nathan Rice</b>	<b>0415750512</b>	<b>Lynsey Clarke</b>	<b>0401643958</b>

### Inside this issue:

Chairman's Desk	1
News from around the greens	2
Photo Gallery	3
Coaches Corner	4
RSL News & Events	4

20 - 26 Discovery Dr  
Helensvale QLD

PO Box 92  
Helensvale QLD 4212

Phone: 5573 1491  
Fax: 5573 1577

[info@clubhelensvale.com.au](mailto:info@clubhelensvale.com.au)  
[www.clubhelensvale.com.au](http://www.clubhelensvale.com.au)

Editor  
Lynsey Clarke



## FROM THE CHAIRMAN'S DESK



Graham Brittain

It's hard to believe that we are now in December and soon 2017 will be winding down to a close. What a year 2017 has been for bowls and our Helensvale Hawks!

There have some incredible moments and achievements over the course of the year. From where I stand what is even more important than our many successes out on the

greens, is the friendship, team work and camaraderie to be found here at Club Helensvale and amongst our Hawks. Thank you all for the great year we've had and your contributions to making Club Helensvale the place to be!

I would like to extend a welcome to one of our newest Helensvale Hawks and whom I'm sure you've heard of before, Aron Sherriff. He is one of the biggest names in bowls in Australia and we are thrilled to have him join our Hawks and look forward to see his talents on display on our greens.

We are all eagerly waiting to hear the team line-up for the 2018 Commonwealth Games, and we wish our own players who are in the running all the best. We are all very proud of you.

Christmas cheer is everywhere you look around the Club with lots of great seasonal promotions to enjoy. Every Thursday evening we have Christmas raffles with turkeys, hams and more to be won. We are also running an amazing Christmas toy raffle with great prizes such as an iPad, Xbox, hoverblade and 30 other toys to be won! Tickets are only \$5 and on sale now at Reception.

You could win some extra spending money for Christmas with our special club-wide promotion for our members with a \$10,000 cash giveaway. Every night until Christmas one lucky person gets to pick a bauble off the Christmas Cash Tree with the chance to win up to \$1000. Every \$20 spent club wide earns you an entry.

On behalf of the Board of Directors, management and staff, I would like to wish you all a Merry Christmas and a happy New Year! Have a safe holiday season. I hope to see you around the Club this month!

# NEWS FROM AROUND THE GREENS

Our Australian Representatives, Brett Wilkie, Nathan Rice, Lynsey Clarke, and Jayden Christie all competed in the Trans Tasman Series which was held at Broadbeach Bowls Club from the 10<sup>th</sup> – 12<sup>th</sup> November. The men's team successfully won their series 2-1 while the ladies went down on a count back 2-1. The Under 25 Australian Side also won their series 3-0. Many thanks to our valuable club members that got down to Broadbeach to cheer us all on over the three days.

The Trans Tasman was the last selection criteria event prior to the Commonwealth Games team being chosen. Bowls Australia will officially announce the selected team on the 5<sup>th</sup> December. Good luck to our Hawkies in your bid to make the team.

Our Gold Coast Hawks BPL team of Mark Casey, Brett Wilkie, Lynsey Clarke, and Nathan Rice (coach) competed in the bi-annual event which was held at Pine Rivers from the 14<sup>th</sup> – 17<sup>th</sup> November. Our team was highly competitive in this short sharp version of the game, finishing in 6<sup>th</sup> spot – just two wins out of the top four semi finalist positions. It was a great spectacular this year with some of the televised Fox Sports matches the highest quality we've seen. The Sydney Lions made history by winning the BPL title for the third successive year.

We will have seven Hawks heading to the Australian Championships this coming month which will be held in Merimbula NSW from the 28<sup>th</sup> November – 1<sup>st</sup> December. Natasha Jones, Lynsey Clarke, Nathan Rice, Brett Wilkie, Anthony Kiepe, Matt Lucas, and Des Cann will all don the Hawks colours as they aim to bring home the National Titles in the men's singles, pairs and fours events, as well as the ladies pairs and fours disciplines. Good luck team!

Bowls Queensland have recently announced the State team that will take on NSW in the annual test match to be held at Raymond Terrace Bowls Club in NSW on the 12<sup>th</sup> and 13<sup>th</sup> February. Our very own Matt Lucas will make his debut in the open team and will join eight more of our Hawks stars in this side – Natasha Jones, Lauren Wilson, Lynsey Clarke, Jayden Christie, Brett Wilkie, Nathan Rice, Sam White, and Anthony Kiepe. Tahlia Camilleri, one of our Hawks Junior Academy members, will also make her debut in the Queensland colours, she has been selected in the Under 25 Girls State Team who will play their test series against NSW alongside the open team.

Nathan Rice and Matt Lucas competed in the Gold Coast Tweed District Pairs Final at Mermaid Beach Bowls Club Thursday 2<sup>nd</sup> November. In an extremely high quality match, our boys were successful in winning this title against the very talented Scott DeJongh and Kelvin Kerkow from South Tweed 23-15.

Our final night of our first season of Jack Attack was held on Wednesday 29<sup>th</sup> November. All teams thoroughly enjoyed both the competition and social side of this quick, fun format of the game. It has proven so popular that another season will be held commencing in February 2018 with ten teams already nominated and more expected to take part. If you're interested, make sure you jot your name down on the nomination sheet in the games room ASAP.

Our Hawks Junior Academy finished for 2017 on Friday 24<sup>th</sup> November. We've had a fantastic year with our five cadets and it's great to see them learning and achieving as they continue in our great sport. Our juniors have enjoyed many highlights this year including state and national gold, silver, and bronze medals. But most importantly they compete and represent our club in a great sporting manner and we're very proud of them all. We inducted our 6<sup>th</sup> cadet, 13 year old Chloe Kerr, in to the program at our club presentation night on Saturday 24<sup>th</sup> November.

We had just one club championship completed throughout November, the ladies B Grade Pairs event. Our very talented winners of this title were Gail George and Audrey Wheeler. They defeated the gallant pairing of Daria Lanauze and Fran Ryan in a quality final. Congratulations to our very worthy winners and all competitors for another great competition

As we come to the close of another year, I would sincerely like to thank all our unsung heroes. Our many volunteer club members who assisted throughout the year - coaches, umpires, measurers, markers, managers, selectors, games room staff... you're all a vital component of our successful club and without all your contributions we wouldn't be where we are today, the best club in Australia! I hope everyone has a wonderful Christmas and a safe and happy New Year—see you all on the greens in 2018!

**Lynsey Clarke**  
BOWLS COORDINATOR



# CLUB HELENSVALE PHOTO GALLERY



*(Pictures clockwise from top left) District Pairs Champions Nathan and Matty; Ocean Shores Fours Champions including our own Brett Wilkie; Club B Grade Pairs Champions Audrey and Gail; BPL Gold Coast Hawks Team Mark, Lynsey and Brett; Our Australian Representatives Nathan, Jayden, Lynsey & Brett.*

# 60 SECONDS WITH... ROBBIE RIJFF

*Our player probe is back! This month we're going to look in to the life of one of our fabulous volunteers - it's about time we got to know them a bit better and discover some interesting facts you just may not have known about them!*

NICKNAME: Robdog

FAMILY: 2 children - 1 son 1 daughter

HOW LONG HAVE YOU PLAYED BOWLS: 13 years

MOST MEMORABLE BOWLS MOMENT: Playing alongside the England boys when they came out to our club this year. They were a player short and I was thrilled to have a game with them

WHAT WOULD BE YOUR DREAM JOB: Secret Service

SPORTING HERO: Cristiano Ronaldo

FAVOURITE FOOD: Asian Food

FAVOURITE RESTAURANT: Omeros Brothers

DREAM HOLIDAY DESTINATION: Las Vegas

IF YOU WERE STRANDED ON A DESERT ISLAND, WHAT 3 THINGS WOULD YOU LIKE TO HAVE WITH YOU?: A mobile phone, alcohol, a lovely lady

WHO WOULD BE YOUR DREAM DATE: Angelina Jolie

PERSON YOU'D LEAST LIKE TO SIT NEXT TO ON A LONG FLIGHT: A sumo wrestler

FASCINATING FACT: I have an identical twin brother, Ronnie. I am also one of nine children - 7 boys and 2 girls

