

HAWK TALK

BOWLS NEWS



| JANUARY 2018

ClubHelensvale

HAWKS SET TO SOAR AT THE COMMONWEALTH GAMES

News from AROUND THE GREENS

The end of 2017 brought with it some of the biggest news of the year for our club and its members – Aron Sherriff to become a Hawk; two of our boys off to the Games; and seven of our Hawks players dominate the rejuvenated Australian Championships.

In exciting news to hit the bowls circuit across the country in November, World and Australian Champion Aron Sherriff will officially become a Hawk from January 2018! In one of the biggest coups for our club, Aron, his wife Amanda and their two children Zoe and Connor, will be moving up from NSW's Halekulani to start a new chapter of their life right here on the Gold Coast. We are thrilled Aron has chosen us as his new home and we look forward to welcoming him and his family to our wonderful club with open arms. Keep an eye out for him around the club and out on the greens - a great talent to watch!

On Tuesday 5th December Bowls Australia announced

the Commonwealth Games Team to compete at the 2018 Gold Coast Games. Congratulations to Brett Wilkie and Nathan Rice for your inclusion in this squad, along with our newest recruit Aron Sherriff. The Games action will kick off with the opening ceremony on Wednesday 4th April and will close on Sunday 15th April. Good luck to our Aussie Hawks in their quest for golden glory.

The prestigious Victorian Open was held during the month of November with several of our Hawks taking their places in the field. Jayden Christie and his partner Jay Bye-Norris (Essendon) were successful in winning the men's pairs title, defeating the Melbourne duo of Todd

Trewarne and Michael Sims in the final 12 – 11.

Brett Wilkie teamed up with Ray Woods (NSW) to compete as a Bowls Australia combination team at the Coolum Beach Invitational Pairs event held on the 2nd and 3rd December. Brett and Ray were successful in winning this event as the only team to win all 6 matches with a shot margin of +58.

Congratulations to Jayden Christie and Nathan Rice, who teamed up with Sean Ingham to win the prestigious Pine Rivers Turkey Triples which was held on the 16th and 17th December. They went

through the event undefeated with 7 wins +78 from 7 games and took home the title and winners prize cheque of \$7,500. Well done boys!

Brett Wilkie was recently announced as one of eleven nominees for the Queensland's Sports Star of the Year award. It was a great honour for Brett to be named alongside some very talented athletes, with boxer Jeff Horn crowned the winner at the annual function which was held at the Brisbane Convention and Exhibition Centre on Thursday 30th November.

The Premier League and Premier 7's season is fast approaching with all the action to kick off on the first weekend in January. The Premier League season will run for eleven weeks with the finals scheduled to be held at our club on the weekend of the 17th and 18th March. The Premier 7's season will wind

up with their Grand Final on Sunday 25th March (venue TBA). Good luck to all our teams, no doubt you'll do our club colours proud.

Due to the cancellation of Bowls Super Challenge, in 2018 our ladies will be competing in the Gold Coast Tweed District Summer Nines competition. We will have two teams in this league, with play to commence on the 20th January and running through to their Grand Final weekend which will be on the 24th and 25th March at McKenzie Park. Go well girls!

What a great morning the final of the Ladies Club Pairs Championship was on Thursday 14th December. A sea of spectators came to watch the clash between Pam Fantini and Lynsey Clarke against Chris Leeden and Veronica Davidson. There were some fantastic bowls played by both teams, and

in the end the winners were Pam and Lynsey 30 - 7. Well done and best of luck for the Champion of Champions event in 2018.

Due to the success of our Jack Attack Night Challenge we held during October and November, we will be introducing the short, sharp, exciting BPL version of the game to our general bowling members in a monthly event on the last Wednesday afternoon of each month. Traditionally this has been a club select mixed triples afternoon, however to try and improve numbers and incorporate something new we feel this Jack Attack mixed triples format will prove very popular. Get your names down in the bowls notice room to be part of the action each month.

Lynsey Clarke
Bowls Co-ordinator



PREMIER LEAGUE NEWS

The 2018 Premier League Queensland Season kicks off Saturday 6th January. The best in the bowls business will be doing battle each weekend for 11 weeks.

First Home Game of the Season - Sunday 7th January at 1pm vs Club Kawana. Two more home games in January: Friday 12th at 6pm & Saturday 20th at 4pm.

**GRAND FINAL WEEKEND HERE AT CLUB HELENSVALE
SATURDAY 17TH AND SUNDAY 18TH MARCH.**

PLAYER PROFILE

Aron Sherriff
A NEW HAWK FLYS IN



NICKNAME: Omar

FAMILY: Wife Amanda, Kids Zoe and Connor.

HOW LONG HAVE YOU PLAYED

BOWLS: 22 years (started when I was 10)

MOST MEMORABLE BOWLS

MOMENT: Winning the World Championship Fours Gold in 2012 and the BPL 3peat.

WHAT WOULD BE YOUR DREAM

JOB: Travelling the world reporting on sport.

SPORTING HERO: Roger Federer.

FAVOURITE FOOD: Thai or Indian.

FAVOURITE RESTAURANT: None stand out but as long as the food is tasty and the beer is cold I'm happy!

DREAM HOLIDAY DESTINATION:

Any place that is relaxing and has

beautiful beaches and good food.

IF YOU WERE STRANDED ON A DESERT ISLAND, WHAT 3 THINGS WOULD YOU LIKE TO HAVE WITH YOU?: My family, a ball, and a lighter.

WHO WOULD BE YOUR DREAM

DATE: Probably Roger Federer. Would love to hear how he turned his career around from tennis bad boy to the most respected athlete in the world!

PERSON YOU'D LEAST LIKE TO SIT NEXT TO ON A LONG FLIGHT:

Anyone with poor hygiene.

FASCINATING FACT: When I was 12 I scored 104* to be selected for NSW schoolboys. I played junior cricket against David Warner and Usman Khawaja and had to choose between bowls and cricket when I was 15!

CHAIRMAN'S REPORT



Here we are already at the start of 2018! I would like to wish everyone a Happy New Year and may your year ahead be filled with happiness and good health.

2017 had some very memorable bowls moments and the year ahead is going to be exciting with the GC 2018 Commonwealth Games this April and three of our Hawks players representing Australia. Also the Queensland Premier League starts in January and Club Helensvale will be hosting the Finals in March. Some great events to look forward to!

Australia Day is just around the corner on the 26th January and where else to spend the day celebrating all things Aussie than at your favourite local bowl! There will be the 3rd Annual thong throwing competition, with the winner taking the coveted Golden Thong Trophy, plus free barefoot bowls 12-5pm and live music from 7.30pm.

Ever wished that you could find a golden ticket in a chocolate bar just like Willy Wonka and the Chocolate factory? Well you could with the \$23k Golden Ticket Giveaway promotion in the gaming room

during January and February. Every Sunday five lucky people will be drawn for their chance to find the golden ticket worth \$10,000 in the Grand Final draw on the 25th February. Ask one of our friendly staff members today for more details!

Have you tried the new weekend breakfast menu at Cafe 22? There are some mouthwatering new dishes to enjoy, the only problem is deciding which to order!

I hope to see you around the club this month.



PHOTO GALLERY



(Left page - from top left) **1.** Queensland Sportsperson of the Year nominee Brett Wilkie with winner Jeff Horn;
2. Ladies Fours Finalists Pam Rowe, Chris Leeden, Veronica Davidson & Lynsey Clarke;

(Right page - from top left) **3.** Victoria Open Pairs Champions Jayden Christie & Jay Bye-Norris; **4.** Coolum Beach Invitational Pairs Champions Brett Wilkie & Ray Pearse; **5.** Pine Rivers Turkey Triples Winners Nathan Rice, Jayden Christie and Sean Ingham.

COACH'S CORNER

The bowling action - The Pendulum Swing

The bowl is delivered by generating forward momentum from a stationary position to a position that allows the smooth grounding of the bowl.

Overall delivery requirements: Stability and control, rhythm, timing and weight transfer. The bowling arm action is a controlled pendulum swing: it starts with a slight transfer of weight onto the balls of the feet, the arm drops downwards and backwards in a straight line, simultaneously step forward along the intended and lower the body. The forward swing commences in a straight line from maximum back swing as the leading foot makes contact with the green. The back swing and the step length will vary depending on the bowl speed required.

The bowl is released when the delivery arm is extended and vertical (bowl release occurs directly below the shoulder) and therefore the bowl is at the closest point to the ground – ie. at the bottom of the pendulum swing – and adjacent to the toe of the leading foot. The non-bowling hand slides down the thigh during the delivery to rest on top of the knee with the lower arm (elbow to wrist) resting firmly on the lower thigh as the bowl is delivered.

This action assists with stability at release and ensures that the shoulders remain square throughout the delivery. The delivery arm continues along the line of delivery after the bowl is released to complete the follow through. The palm faces upwards and the head is still. The bowler stays down allowing for full weight transfer until the bowl is well clear of the delivery hand, then watches the bowl running down the delivery line – the head must remain still.

As the bowl travels along the delivery line, the bowler will continue in a forward motion and stand up slowly. It is important to continue to watch the bowl until it comes to rest. N.B. Don't step backwards or turn away.

Countdown to COMM GAMES

Excitement has been building and building for the 2018 Gold Coast Commonwealth Games as they draw nearer. Our Club Helensvale bowlers who are part of the GC 2018 team have been drawing a lot of media attention following the announcement of the squad line-up with features by a number of newspaper articles and television interviews.

Our bowlers are so excited to be part of the upcoming

mega multi sport event which will be the 2018 Gold Coast Commonwealth Games. In bowls, there's no bigger stage, and the thrill of being able to compete in front of a massive patriotic Aussie crowd in their very own home town will be second to none.

In the lead up to the games they are participating in intensive training to make sure they are in top form. They just participated in a training camp the week

before Christmas and will be attending training camps each month in the lead up to the Games.

The Gold Coast has become the mecca for Bowls across the Nation, come April next year our backyard will be on show across the world to millions of people and we can't wait to see it all unfold.

Good luck to our amazing Aussie Hawks, you'll do us proud – GO FOR GOLD!



COACHING

*Thursday mornings from 9am
or by appointment*

<i>Bob Hill</i>	<i>5573 2776</i>
<i>Ron Wallace</i>	<i>5556 0046</i>
<i>Jim Merrick</i>	<i>0429371695</i>
<i>Nathan Rice</i>	<i>0415750512</i>
<i>Lynsey Clarke</i>	<i>0401643958</i>
<i>Anthony Kiepe</i>	<i>0411272123</i>

HAWKS DOMINATE THE AUSTRALIAN CHAMPIONSHIPS

The rejuvenated Australian Championships were held in Merimbula NSW from the 28th November – 1st December, the first time this prestigious event has been back on the Bowls Australia calendar since 2005.

We had a strong contingent of Hawks (seven players) competing at this event

for the chance to win five of the eight titles up for grabs – of which our players won four.

Our men's fours (Des Cann, Matt Lucas, Brett Wilkie, and Nathan Rice) won Gold, our women's fours (Lynsey Clarke and Natasha Jones, teamed up with Chloe Stewart and Julie Keegan) won Gold, our men's pairs (Anthony Kiepe and Des) won

Gold, and our women's pairs (Lynsey and Natasha) won Gold. Nathan Rice also won Bronze in the men's singles discipline (Gold won by Aron Sherriff).

Several of our matches were live streamed through the Bowls Australia Facebook page and can be continued to be viewed at any time.



From top left - **1.** Australian Men's Pairs Champions Des Cann & Anthony Kiepe; **2.** Australian Women's Pairs Champions Natasha Jones & Lynsey Clarke; **3.** Australian Men's Fours Champions Brett

Wilkie, Nathan Rice, Matt Lucas & Des Cann; **4.** Australian Women's Fours Champions Lynsey Clarke, Julie Keegan, Chloe Stewart & Natasha Jones.

JANUARY BOWLS CALENDAR

MON	TUES	WED	THURS	FRI	SAT	SUN
1	2 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	3 Mixed Triples 1pm	4	5 Men's Pairs 9am Open Multi Jackpot Pairs 1:30pm	6 Junior Bowls 9:30am Men's Social 1pm Premier 7's	7 Barefoot Bowls 2pm Premier League
8	9 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	10 Mixed Triples 1pm	11	12 Men's Pairs 9am Open Multi Jackpot Premier League 6pm	13 Junior Bowls 9:30am Men's Social 1pm Premier 7's	14 Barefoot Bowls 2pm
15	16 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	17 Mixed Triples 1pm	18 Ladies Club Fours Championship 9am	19 Men's Pairs 9am Open Multi Jackpot Pairs 1:30pm	20 Junior Bowls 9:30am Men's Social 1pm Premier League & Premier 7's	21 Barefoot Bowls 2pm
22	23 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	24 Mixed Triples 1pm	25 Ladies Club Fours Championship 9am	26 Men's Pairs 9am Open Multi Jackpot Pairs 1:30pm AUSTRALIA DAY	27 Junior Bowls 9:30am Men's Social 1pm Premier 7's	28 Barefoot Bowls 2pm
29						
30	30 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	31 Jack Attack Mixed Triples 1pm Hawks Junior Academy 4pm				

FEBRUARY BOWLS CALENDAR

MON	TUES	WED	THURS	FRI	SAT	SUN
			1 Ladies Club Fours Championship 9am	2 Men's Pairs 9am Open Multi Jackpot Pairs 1:30pm	3 Junior Bowls 9:30am Men's Social 1pm Premier League & Premier 7's	4 Barefoot Bowls 2pm Mens Club Pairs Championship
5	6 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	7 Mixed Triples 1pm Hawks Junior Academy 4pm	8 Ladies Club Fours Championship 9am	9 Men's Pairs 9am Open Multi Jackpot Pairs 1:30pm	10 Junior Bowls 9:30am Men's Social 1pm Premier League & Premier 7's	11 Barefoot Bowls 2pm Mens Club Pairs Championship
12	13 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	14 Mixed Triples 1pm Hawks Junior Academy 4pm	15 Ladies Club Singles Championship 9am	16 Men's Pairs 9am Open Multi Jackpot Pairs 1:30pm	17 Junior Bowls 9:30am Men's Social 1pm Premier 7's	18 Barefoot Bowls 2pm Mens Club Pairs Championship
19	20 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	21 Mixed Triples 1pm Hawks Junior Academy 4pm	22 Ladies Club Singles Championship 9am	23 Men's Pairs 9am Open Multi Jackpot Pairs 1:30pm	24 Junior Bowls 9:30am Men's Social 1pm Premier League & Premier 7's	25 Barefoot Bowls 2pm Mens Club Singles Championship
26	27 Ladies Social 9am Open Multi Mixed Pairs 1:30pm	28 Jack Attack Mixed Triples 1pm Hawks Junior Academy 4pm				



WOULD YOU LIKE TO TRY LAWN BOWLS?

Lawn Bowls is a game the whole family can play. It is a great way to socialise and meet new friends while also enjoying a competitive game.

Coaching is provided free by one of our friendly coaches who are keen to help get you started. Bowls equipment can be provided free to use until you decide to buy a set of your own. Coaching is provided every Thursday morning at 9am or by appointment.

Barefoot Bowls sessions are held every Sunday from 2pm - 4pm (except when major bowls tournaments are scheduled). Equipment is provided. Corporate groups and barefoot bowls parties can be catered for on request by contacting our Bowls Coordinator.

Men's Bowls: Men play social bowls every Friday and Saturday. This includes self selected pairs on Friday morning starting at 9am. Saturday afternoon men's triples commence at 1pm. Championship games are usually held on weekends at different times throughout the year.

Ladies Bowls: Ladies play every Tuesday morning starting at 9am. Each Tuesday morning ranges from social bowls to special events and sponsored days on occasion. Championship games are usually held on Tuesday or Thursday mornings at 9am throughout the year.

Mixed Bowls: Mixed triples are held every Wednesday afternoon starting at 1pm. These days vary from club selected days, self selected days and sponsored days. Open men's, ladies or mixed pairs are held every Tuesday and Friday starting at 1.30pm. These are great events for beginners (Muffin).

Junior Bowls: Junior bowls sessions are held every Saturday morning at 9:30am or by appointment. For more information contact our Bowls Coordinators.

For enquiries regarding lawn bowls, coaching, events, sponsorship and bowls promotions, please contact our Bowls Coordinators: Lynsey Clarke 0401 643 958 or Anthony Kiepe 0411 321 605
Email: bowlscoordinator@clubhelensvale.com.au

Membership Fees:

Full Membership - \$120.00

Admin Fee - \$15.00

Junior Membership - \$25.00

Social Membership - \$5.00

(Admin Fee: New bowlers or bowls members that are transferring from another club outside QLD)



FUN - FAST - FRIENDLY

2018 JACK ATTACK

COMPETITION

'THE LAWN BOWLS VERSION OF TWENTY20 CRICKET'

6 WEEK COMPETITION
WEDNESDAY NIGHTS 6.00PM – 7.30PM
COMMENCING 7TH FEBRUARY

Make new friends
Fun and competitive
Try your hand at a new sport

REGISTER YOUR TEAM OF FOUR
OR ENQUIRE TO JOIN A TEAM TODAY

See Bowls Office for more details
bowlscoordinator@clubhelensvale.com.au

ONLY
\$5
PER PERSON
OR \$20 PER
TEAM

SAUSAGE
SIZZLE
AVAILABLE

CHAMPIONS
TROPHY &
PRIZE \$\$



@ Australia's Best Bowls Club...
www.clubhelensvale.com.au

FURTHER ENQUIRIES 5573 1491