

Blu Bistro

lunch 11.30 - 2.00 | dinner 5.30 - 8.00

breads

GARLIC BREAD (V)	8 10
+ cheese 9 11	
+ cheese & bacon 10 12	
BRUSCHETTA	13 15
Roma tomato, red onion, basil, parsley, balsamic, olive oil	
BAKED BRIE (GFO)	15 17
Turkish bread, honey, dukkah, olive oil, rocket, chilli	
BAKED MOZZARELLA DIP (GFO)	13 15
Napoli, cherry tomato, olives, capsicum, crispy Turkish bread	

entrees

MUSHROOM ARANCINI BALLS (4) (V)	15 17
Truffle mayo	
LEMON & HERB PRAWNS (5) (GF, DF)	16 18
Marinated prawns, with lime pearls & watercress served cold	
SATAY BEEF SKEWERS (2) (GF)	17 19
Grilled beef skewers, satay sauce	
CHICKEN DRUMETTES (5) (GF, DF)	14 16
Marinated in a sticky teriyaki sauce	
VEGETABLE SPRING ROLLS (4) (V, DF)	14 16
Nam Jim sauce	
TEMPURA SOFT SHELL CRAB (GF)	17 19
Aioli, lime & rocket	
SPINACH & FETA SPIRAL (V)	13 15
Rocket, olive oil, lemon	

salads

CAESAR SALAD (GFO)	19 21
Cos lettuce, herbed croutons, double smoked bacon, boiled egg, & parmesan dressing	
+ Add chicken 5	
SALMON & CUCUMBER SALAD (GF, DF)	22 25
Dill, smoked salmon, pomegranate, shallots, mesclun, toasted sesame seeds & a herb dressing	
CHICKEN SLAW (GF, DF)	22 25
Shredded cabbage, carrot, mint, coriander, miso dressing, roasted chicken breast, crispy vermicelli noodles	
AVOCADO SALAD (GF, DF, V)	19 21
Mung beans, sprouts, heirloom cherry tomatoes, red onion, mesclun, pepita, toasted coconut, lime & palm sugar dressing	
+ Add chicken 5	

sides

CAESAR SALAD	7 9
BRUSCHETTA SALAD (GF, DF)	7 9
TRUFFLE & PARMESAN KIPFLERS (GF, V)	7 9
ONION RINGS IN ROSEMARY SALT (DF, V)	6 8
SPICED CAULIFLOWER POPCORN (DF, V)	7 9
SEASONAL GREENS (GF, DF)	7 9

mains

LAMB & HALLOUMI SKEWERS (GF) <i>Mediterranean cous cous, gremolata, & lemon</i>	26 29
LEMON & THYME CHICKEN SUPREME (GF, DF) <i>Mashed potato, broccolini & sweet jus</i>	25 28
CUBAN PORK BELLY (GF, DF) <i>Pan fried, smoky paprika, fried kipflers, baby carrots, salsa criolla, jus</i>	28 31
CHAR SIU HALF DUCK <i>Fried rice & Asian greens</i>	27 30
SINGAPORE NOODLES (GF, DF, V) <i>Stir-fried vegetables, broccolini, snow peas, shredded tofu, toasted peanuts, shallots & bean sprouts</i>	23 26
BOLOGNESE CANNELLONI <i>Napoli sauce, béchamel, basil oil</i>	24 27
PUMPKIN & RICOTTA RAVIOLI (V) <i>Truffle pumpkin, cream, basil, candied walnuts & watercress</i>	24 27
250G RUMP (GF) <i>150 day grain fed. Served with chips, salad & your choice of sauce</i>	25 28
400G RUMP (GF) <i>MB4+, 150 day grain fed. Served with chips, salad & your choice of sauce</i>	35 38
200G EYE FILLET (GF) <i>Pommes Anna potatoes, large field mushroom ragu, fried leek & red wine jus</i>	35 38
STEAK & CAESAR (GF) <i>Seasoned, 300g sirloin steak with caesar salad & jus</i>	38 41

Sauces add \$2: Mushroom, Peppercorn, Dianne, Gravy, Garlic Cream

seafood

BARRAMUNDI <i>Grilled with mashed potato, wilted spinach, creamy parsley sauce</i>	26 29
ATLANTIC SALMON <i>Pan-fried salmon, mashed potato, broccolini & Béarnaise sauce</i>	28 31
STICKY PRAWNS (7) <i>Sweet & sour sauce, onion, beans, shallots & hokkien noodles</i>	24 27
SEAFOOD FOR 2 <i>Garlic & herb prawns, soft-shell crab, lime pearls, battered & crumbed flake, chilli mussels, grilled lobster tail, paprika rubbed salmon with salsa criolla & fried rice</i>	115 125

classics

CHICKEN SCHNITZEL <i>Crumbed chicken breast lightly fried until golden, served with chips & salad & your choice of sauce</i>	23 26
CHICKEN PARMIGIANA <i>Topped with ham, Napoli sauce and three cheese blend, then grilled until melted and golden, served with chips & salad</i>	26 29
BANGERS & MASH (GF, DF) <i>Classic pork sausages, mashed potato, steamed seasonal vegetables & gravy</i>	23 26
TRADITIONAL FLAKE FILLETS <i>Crumbed or battered & served with chips & salad</i>	23 26

kids meals

Add \$2 to your kid's meal purchase and receive a small soft drink & ice cream!

PORK BANGER, MASH, VEG & GRAVY (DFO)

CHICKEN NUGGETS, CHIPS & SALAD (GF)

TEMPURA FISH, CHIPS & SALAD

CREAMY BACON PENNE

KIDS CHEESEBURGER & CHIPS (DFO)

senior specials

Lunch & Dinner 7 days a week.
A seniors card must be shown.
16 | 18

RISSOLES

Mash, gravy & caramelised onion

HAM STEAK

Served with chips & a fried egg

PASTA

Pan fried bacon, tomato, spinach in a rose sauce

BATTERED FLATHEAD

Served with chips & salad

CHICKEN TENDERS

Served with mash, steamed greens & Béarnaise

SPINACH & FETA FILO

Served with chips & salad

lunch specials

Monday - Sunday lunch service only.
Receive a complimentary beer, house
wine or soft drink
20 | 22

200G RUMP (GF)

Served with chips, salad & your choice of sauce

GRILLED CHICKEN BREAST (GF)

Served with mashed potato, green beans
& Béarnaise sauce

PENNE PASTA

Australian black mussels, chilli, bacon, tomato,
spinach, chervil

GRILLED DORY (GF, DF)

Served with chips & salad

TEMPURA PRAWN SALAD (DF)

Served with vermicelli noodles, mesclun,
shredded cabbage, carrot, cucumber

MONGOLIAN BEEF STIR-FRY

Sautéed Asian vegetables & hokkien noodles

