

Blu Bistro

lunch 11.30 - 2.00 | dinner 5.30 - 8.00

breads

GARLIC BREAD (V)	8 10
+ cheese 9 11	
+ cheese & bacon 10 12	
BRUSCHETTA	13 15
<i>Roma tomato, red onion, basil, parsley, balsamic, olive oil</i>	
BAKED BRIE (GFO)	15 17
<i>Turkish bread, honey, dukkah, olive oil, rocket, chilli</i>	
BAKED MOZZARELLA DIP (GFO)	13 15
<i>Napoli, cherry tomato, olives, capsicum, crispy Turkish bread</i>	

entrees

MUSHROOM ARANCINI BALLS (4) (V)	15 17
<i>Truffle mayo</i>	
LEMON & HERB PRAWNS (5) (GF, DF)	16 18
<i>Marinated prawns, with lime pearls & watercress served cold</i>	
SATAY BEEF SKEWERS (2) (GF)	17 19
<i>Grilled beef skewers, satay sauce</i>	
CHICKEN DRUMETTES (5) (GF, DF)	14 16
<i>Marinated in a sticky teriyaki sauce</i>	
VEGETABLE SPRING ROLLS (4) (V, DF)	14 16
<i>Nam Jim sauce</i>	
TEMPURA SOFT SHELL CRAB (GF)	17 19
<i>Aioli, lime & rocket</i>	
SPINACH & FETA SPIRAL (V)	13 15
<i>Rocket, olive oil, lemon</i>	

salads

CAESAR SALAD (GFO)	19 21
<i>Cos lettuce, herbed croutons, double smoked bacon, boiled egg, & parmesan dressing</i>	
+ Add chicken 5	
SALMON & CUCUMBER SALAD (GF, DF)	22 25
<i>Dill, smoked salmon, pomegranate, shallots, mesclun, toasted sesame seeds & a herb dressing</i>	
CHICKEN SLAW (GF, DF)	22 25
<i>Shredded cabbage, carrot, mint, coriander, miso dressing, roasted chicken breast, crispy vermicelli noodles</i>	
AVOCADO SALAD (GF, DF, V)	19 21
<i>Mung beans, sprouts, heirloom cherry tomatoes, red onion, mesclun, pepita, toasted coconut, lime & palm sugar dressing</i>	
+ Add chicken 5	

sides

CAESAR SALAD	7 9
BRUSCHETTA SALAD (GF, DF)	7 9
TRUFFLE & PARMESAN KIPFLERS (GF, V)	7 9
ONION RINGS IN ROSEMARY SALT (DF, V)	6 8
SPICED CAULIFLOWER POPCORN (DF, V)	7 9
SEASONAL GREENS (GF, DF)	7 9

mains

LAMB & HALLOUMI SKEWERS	26 29
<i>Mediterranean cous cous, gremolata, & lemon</i>	
LEMON & THYME CHICKEN SUPREME (GF, DF)	25 28
<i>Mashed potato, broccolini & sweet jus</i>	
CUBAN PORK BELLY (GF, DF)	28 31
<i>Pan fried, smoky paprika, fried kipflers, baby carrots, salsa criolla, jus</i>	
CHAR SIU HALF DUCK	27 30
<i>Fried rice & Asian greens</i>	
SINGAPORE NOODLES (GF, DF, V)	23 26
<i>Stir-fried vegetables, broccolini, snow peas, shredded tofu, toasted peanuts, shallots & bean sprouts</i>	
BOLOGNESE CANNELLONI	24 27
<i>Napoli sauce, béchamel, basil oil</i>	
PUMPKIN & RICOTTA RAVIOLI (V)	24 27
<i>Truffle pumpkin, cream, basil, candied walnuts & watercress</i>	
250G RUMP (GF)	25 28
<i>150 day grain fed. Served with chips, salad & your choice of sauce</i>	
400G RUMP (GF)	35 38
<i>MB4+, 150 day grain fed. Served with chips, salad & your choice of sauce</i>	
200G EYE FILLET (GF)	35 38
<i>Pommes Anna potatoes, large field mushroom ragu, fried leek & red wine jus</i>	
STEAK & CAESAR (GF)	38 41
<i>Seasoned, 300g sirloin steak with caesar salad & jus</i>	

Sauces add \$2: Mushroom, Peppercorn, Dianne, Gravy, Garlic Cream

seafood

BARRAMUNDI	26 29
<i>Grilled with mashed potato, wilted spinach, creamy parsley sauce</i>	
ATLANTIC SALMON	28 31
<i>Pan-fried salmon, mashed potato, broccolini & Béarnaise sauce</i>	
STICKY PRAWNS (7)	24 27
<i>Sweet & sour sauce, onion, beans, shallots & hokkien noodles</i>	
SEAFOOD FOR 2	115 125
<i>Garlic & herb prawns, soft-shell crab, lime pearls, battered & crumbed flake, chilli mussels, grilled lobster tail, paprika rubbed salmon with salsa criolla & fried rice</i>	

classics

CHICKEN SCHNITZEL	23 26
<i>Crumbed chicken breast lightly fried until golden, served with chips & salad & your choice of sauce</i>	
CHICKEN PARMIGIANA	26 29
<i>Topped with ham, Napoli sauce and three cheese blend, then grilled until melted and golden, served with chips & salad</i>	
BANGERS & MASH (GF, DF)	23 26
<i>Classic pork sausages, mashed potato, steamed seasonal vegetables & gravy</i>	
TRADITIONAL FLAKE FILLETS	23 26
<i>Crumbed or battered & served with chips & salad</i>	

kids meals

Add \$2 to your kid's meal purchase and receive a small soft drink & ice cream!

10.5 | 12.5

PORK BANGER, MASH, VEG & GRAVY (DFO)

CHICKEN NUGGETS, CHIPS & SALAD (GF)

TEMPURA FISH, CHIPS & SALAD

CREAMY BACON PENNE

senior specials

Lunch & Dinner 7 days a week.
A seniors card must be shown.

16 | 18

RISSOLES

Mash, gravy & caramelised onion

HAM STEAK

Served with chips & a fried egg

PASTA

Pan fried bacon, tomato, spinach in a rose sauce

BATTERED FLATHEAD

Served with chips & salad

CHICKEN TENDERS

Served with mash, steamed greens & Béarnaise

SPINACH & FETA FILO

Served with chips & salad

lunch specials

Monday - Sunday lunch service only.
Receive a complimentary beer, house
wine or soft drink

20 | 22

200G RUMP (GF)

Served with chips, salad & your choice of sauce

GRILLED CHICKEN BREAST (GF)

Served with mashed potato, green beans
& Béarnaise sauce

PENNE PASTA

Australian black mussels, chilli, bacon, tomato,
spinach, chervil

GRILLED DORY (GF, DF)

Served with chips & salad

TEMPURA PRAWN SALAD (DF)

Served with vermicelli noodles, mesclun,
shredded cabbage, carrot, cucumber

MONGOLIAN BEEF STIR-FRY

Sautéed Asian vegetables & hokkien noodles

