

Open Melts

1 SLICE
2 SLICES

M	NM
9	11
16	18

Ham, cheese
Ham, pineapple, cheese
Chicken, avocado, cheese
Pesto chicken, pineapple, cheese
Spinach, avocado, cheese
Spinach, mushrooms, grilled onion, cheese

Gluten free Turkish bread available upon request add \$2

Snacks

AVAILABLE 11AM TO LATE

HOT CHIPS *GF + DF*

8 10

GARLIC BREAD

8 10

Add cheese 9 | 11

Add cheese & bacon 10 | 12

SEASONED WEDGES

11 13

With sweet chilli and sour cream

BRUSCHETTA

13 15

Roma tomato, red onion, basil, balsamic, olive oil

HOUSE SPICED CHICKEN TENDERS

14 16

Fried, seasoned, kaffir lime aioli

POTATO SCALLOPS (4)

8 10

Crispy golden scallops, with chicken salt & garlic aioli

From the Cabinet

View our cabinet for an assortment of cakes, sandwiches & savoury items

Please inform our staff of any dietary requirements when ordering.

Burgers

AVAILABLE 11AM TO LATE

M

NM

HELENSVALE PHILLY CHEESE STEAK

21

24

Thinly sliced smoky BBQ beef, grilled onions, cheese, rocket, capsicum, aioli on sourdough bread & chips

CHEESEBURGER

14

16

Beef pattie, mesclun, tomato, gherkin, tomato sauce, aioli & chips

CHICKEN BURGER

14

16

Crispy chicken fillet, shredded lettuce, mayonnaise, tasty cheese & chips

FISH BURGER

14

16

Shredded lettuce, pepper mayo, gherkins, cheese, battered flake & chips

Something light

AUSSIE BLT

14

16

Bacon, lettuce, tomato, beetroot, BBQ sauce, aioli, toasted sourdough, & chips

VEGO QUESADILLA

14

16

Sweet potato, roasted red capsicum, spinach, Mexican salsa, cheese, with sliced jalapenos & sour cream

LAMB NACHOS (GF)

16

18

Slow-cooked lamb, garlic & feta sauce, guacamole, coriander salad

CHICKEN MACADAMIA NUT SALAD (GF + DF)

18

20

Grilled chicken, mesclun, tomato, cucumber, red onion & a honey mustard dressing

Pizzas

AVAILABLE 11AM TO LATE

M **NM**

19 **22**

HAWAIIAN

Napoli, three cheese blend, ham, pineapple

MEAT LOVERS

BBQ sauce, three cheese blend, pepperoni, ham, chorizo, ground beef, roast capsicum

SUPREME

Napoli base, pepperoni, ham, red capsicum, pineapple, spinach, red onion, olives, cherry tomatoes

VEGETARIAN SUPREME

Napoli, three cheese blend, roasted mushroom, olives, spinach, pineapple, roast capsicum, onion

MARGHERITA

Napoli base, three cheese blend, basil

REEF & BEEF

Tomato sauce base, seasoned beef, sumac prawns, red onion, spinach, cherry tomato, bearnaise sauce. *Add \$7*

CREAMY CHICKEN & BACON

Bechamel base, chicken, bacon, shallots, parmesan, black pepper

SMOKEY HICKORY PULLED PORK

Napoli base, three cheese blend, shredded pork, basil, rocket

DESSERT PIZZA

Mascarpone base, toasted coconut, dulce de leche

GLUTEN FREE BASES AVAILABLE FOR \$3 EXTRA

**Pizzas can be ordered from the Blu Bistro during service hours*

Smoothies

	M	NM
ENERGISE	8	10

Apple, pineapple
strawberry, dates

REBOOT

Mango, pineapple, banana,
seedless passionfruit

AÇAÍ

Blueberry, banana,
Açaí puree, dates

VITALITY

Strawberry, mango, raspberry, goji

Hot Drinks

	M	NM
BARISTA COFFEE	5	6

Cappuccino
Latte
Flat White
Mocha
Long Black
Short Black
Vienna
Macchiato

EXTRAS	1	1
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Alternative Milk: Almond, soy,
lactose-free milk

Syrups: Vanilla, hazelnut or caramel

CHAI OR DIRTY CHAI LATTE	4.5	5.5
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POT OF TEA	4.5	5.5
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Frappes

	M	NM
CHOCOLATE COFFEE	8	10

Ice Cream

	M	NM
ICE CREAM CUP	3.5	4.5
ICE CREAM SUNDAE	7	9
Chocolate, strawberry or caramel topping, with whipped cream & nuts		

Cold Drinks

	M	NM
MILKSHAKES	6.5	8.5
Chocolate, vanilla, strawberry or caramel		
THICKSHAKES	7.5	9.5
Chocolate, vanilla, strawberry or caramel		
ICED COFFEE	6.5	8.5
ICED CHOCOLATE	6.5	8.5